

VOLUSIA/FLAGLER UNIT NEWS

MESSAGE FROM THE CHAIR

My hope is that everyone took time over the holidays to rest and nurture themselves. As social workers, we wear many hats and serve many people; however, we may not take enough time for self-care. It is so very important to rest, spend quality time with friends and family, and engage in activities that we enjoy. If you did not take time for yourself over the holidays, it is not too late! Make a commitment this week to set aside time that is just for you. It's all about balance!

SOCIAL WORK RECOGNITIONS AWARDS

Get your CONLI nominations submitted!!!

Award categories include:

- Social Worker of the Year Award
 - Student Social Worker of the Year Award
 - Social Worker Educator of the Year Award
 - Public Citizen of the Year Award
 - Elected Official of the Year Award
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SOCIAL WORK MONTH EVENTS

The Social Work Month Kick-Off Event originally scheduled for early March is being postponed. Your Steering Committee is working hard to ensure that we can provide you with a great opportunity to network, earn CE's, and learn about resources. An e-mail will be sent out with new date and details! We thank you for your patience as we are making changes to the yearly agenda to try and accommodate member needs and preferences.

STAY CONNECTED TO YOUR UNIT! FIND US ON FACEBOOK! MAKE SURE THAT YOUR MEMBERSHIP SETTINGS PERMIT YOU TO RECEIVE E-MAILS FROM NASW-FL!

UPCOMING EVENTS:

Thursday, February 9th at 6:00 p.m.

Volusia/Flagler Unit Meeting!

Vince Carter Sanctuary, Building D
301 Justice Lane, Bunnell, FL 32110

Come join us and receive one free CE! Keep an eye out for more information via e-mail!

SAVE THE DATE!

Our Annual Social Work Banquet is scheduled for **Friday, March 30th**. Invitations will be sent out to mailing addresses on your membership profile so please make sure that you update them if need be!

UNIT STEERING COMMITTEE:

Unit Chair:	Lindsey E. Komara, MSW
Unit Vice Chair:	Kimberly Rust, MSW, LCSW
Unit CONLI Chair:	Maralee Walsh, PhD, MSW, LCSW
Unit Membership Chair:	Cassandra Palmer
Unit Banquet Chair:	Teresa Wright, MSW
Unit Secretary:	Kimberly Crawford
Unit Event Chair:	Cindy Gray
Unit Legislative Chair:	Vacant

UNIT CONTACT

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